

# SPA RELAIS

## TREATMENT MENU

### Massages

#### SWEDISH

##### WINEMAKER MASSAGE

Customized with your specific needs in mind, this relaxing yet therapeutic treatment combines a Swedish massage technique enhanced with vine-infused aromatherapy. This treatment recreates the ritual of the wine-making process on the body alternating with bare-handed pressure on energy paths. Your body will appreciate this divine massage that leaves you feeling relaxed and balanced.

**50 or 80 minutes**  
**210 | 265**

#### DEEP TISSUE

##### DEEP TISSUE MASSAGE

This deeply therapeutic treatment is designed to relieve body aches and sore muscles. Using a variety of techniques, this massage targets the deeper muscle fibers and eases inflammation-related discomfort. Choose from CBD Oil or Arnica Oil to be used in particular areas for additional healing benefits.

**50 or 80 minutes**  
**250 | 300**

#### HOT STONE

##### HIMALAYAN SALT STONE MASSAGE

Experience the healing benefits of Himalayan salt stones paired with varied massage techniques. This spa favorite uses stones that are warmed to perfection to gently exfoliate skin, leaving it radiant. Himalayan salt contains over 80 minerals and trace elements to purify and alkalize your body, relax tired muscles and calm your nervous system while replenishing your sense of well-being.

**50 or 80 minutes**  
**250 | 300**

#### AROMATHERAPY

##### RELAIS MASSAGE

A full-body traditional massage that uses light-to medium pressure and aromatherapy to soothe and relax muscles. This massage is customized to your wellness needs and can target specific areas that require attention. Enjoy the psychological and physical sensation when aromatherapies relax the whole body.

**50 or 80 minutes**  
**200 | 255**

#### DETOX

##### RESET RITUAL MASSAGE

We start your pampering with a light dry brush to exfoliate dry skin and stimulate blood flow. Next, Himalayan Salt and essential oils are applied to spine, neck and lymph points to release congestion and toxins while you enjoy a relaxing scalp and foot treatment. In the final phase of your "reset" journey, you will receive a 50-minute full body massage with Sunflower Seed Oil, Rosemary, Sage, Ylang Ylang, Cinnamon and Thyme. The hydrating massage will complete the detoxification ritual and leave you feeling restored and recharged.

**80 minutes**  
**300**

#### PREGNANCY

##### PRENATAL REST AND RENEW MASSAGE

This deeply restorative treatment is designed for Moms-to-be to help improve sleep, reduce stress and soothe muscle fatigue. The session begins with a relaxing massage to focus on specific concerns and includes a tension-relieving scalp massage to address upper stress of the back, neck and shoulders.

*We are unable to provide a massage during the first trimester of pregnancy.*

**50 or 80 minutes**  
**225 | 280**

#### COUPLES

##### POUR DEUX COUPLES MASSAGE

Enjoy the side-by-side tranquility of shared relaxation in our luxurious couple's suite. Customize your experience by choosing massage styles to suit each of your needs. Skilled therapists work in unison to ensure a relaxing ritual that celebrates your bond. Ideal for special occasions. Includes a complimentary welcome glass of champagne or a mimosa.

***Price dependent upon your preferred massage selection plus a \$50 fee.***



# SPA RELAIS

## TREATMENT MENU

### Facials

#### ANTI-AGING

##### SOMMELIER FACIAL

Using Cryo Rollers paired with a dynamic massage, this facial reduces the signs of aging. The Sommelier facial is specifically designed to enhance and lift the contours of the face and the skin, stimulate lymphatic drainage, plump, nourish and add radiance to the skin.

**50 or 80 minutes**

**250 | 300**

#### BRIGHTENING

##### VINOPERFECT RADIANCE FACIAL

Dry, dull skin is transformed with the use of Viniferine, an ingredient derived from the grapevine, that is more powerful than vitamin C. The unique massage includes essential oils and hot and cold stones. Viniferine brightens dull complexions, lightens discoloration, and evens out skintone.

**50 or 80 minutes**

**200 | 250**

#### CUSTOMIZABLE

##### AROMATHERAPY FACIAL

A Holistic facial tailored to your needs and customized to treat all skin conditions. This luxurious treatment replenishes the skin with hydrating botanical blends, repairs environmental damage, and delivers instant rejuvenation bringing dry skin back to life.

**50 or 80 minutes**

**200 | 250**

##### HYDRA GLOW FACIAL

Our most popular facial suitable for all skin types! This facial helps to brighten and even out skin tone resulting in a glowing complexion. This revolutionary treatment deep cleans pores, exfoliates and removes dull skin cells while deeply hydrating. After this facial, your skin will glow for weeks.

**80 minutes**

**375**



### Specialty Facial

#### CUSTOM PEPTIDE OXYGEN FACIAL

A unique hydrating treatment designed to plump and hydrate the skin, while softening the appearance of fine lines and wrinkles. Serums rich in hyaluronic acid, antioxidants and peptides are applied with hyperbaric pressure, leaving your skin rejuvenated, hydrated, radiant, and fresh.

The 80 min Oxygen Facial includes LED light therapy to help increase the production of collagen and minimize the signs of aging.

**50 or 80 minutes**

**250 | 300**

#### WELLNESS FACIAL

Dealing with cancer can be overwhelming. Our oncology trained estheticians will evaluate your current skincare routine and direct you to safer product choices, guiding you through a "new normal" while pampering you and helping you relax. Your facial includes a thorough consultation that allows us to customize your treatment for your specific skincare needs. Physicians' approval is requested.

**50 or 80 minutes**

**200 | 250**

#### PREGNANCY FACIAL

We offer pregnancy safe facials that will leave your skin glowing throughout your pregnancy. Our non-abrasive facial treatments will leave you feeling relaxed and refreshed. What better way to stay safe and on track with your skincare regimen during and post-pregnancy.

**50 or 80 minutes**

**200 | 250**

### Gentleman's Facial

The gentleman's facial is designed to meet the needs and challenges caused by daily shaving and environmental impacts. This customized treatment includes exfoliation, extractions, hot towels and a relaxing face, scalp, neck, and shoulder massage.

**50 or 80 minutes**

**200 | 250**

**Other facials that gentlemen may enjoy:**

**\*VINOPERFECT, SOMMELIER,  
& PEPTIDE OXYGEN**

**\*PLEASE REFER TO EACH FACIAL FOR DESCRIPTION  
AND PRICING**

# SPA RELAIS

## TREATMENT MENU

### Scrubs

All scrubs can be done in either the Vichy room or in a treatment room with private outdoor shower.

#### CONTOURING

##### CRUSHED CABERNET SCRUB

For deep exfoliation combined with a slimming benefit, this scrub contains 6 organic anti-cellulite essential oils,

Cabernet grape seeds, honey and brown sugar to leave skin looking radiant, perfectly smooth and toned. The scrub is then washed away in a private outdoor shower. The treatment ends with a full body massage followed by a luxurious application of a nourishing Hyaluronic body lotion.

**80 minutes | 300**

**Vichy shower additional - 50**

#### HYDRATING

##### MALIBU SEA SCRUB

Soothe your senses with an aromatic experience that delivers the beauty benefits of essential oils derived from cold-pressed coconut, algae and shea butter. The oils work together to detoxify and remove dull skin to reveal a beautiful, silky and hydrated appearance. The scrub is then washed away in private outdoor shower. The treatment ends with a full body massage using a hydrating sea mist and a revitalizing body oil.

**80 minutes | 300**

**Vichy shower additional - 50**

##### VICHY RENEWAL

As you enter our state-of-the-art Vichy room you embark on a sensory journey. The magic begins with a gentle salt and mineral scrub, sweeping away the mundane and leaving your skin radiant. Next, surrender to the cascade of water from six shower heads, a symphony of sensations enhanced by Chromotherapy. Your chosen colors dance around you as you're enveloped in a sensory tapestry. As the water recedes, a lavish body cream is applied, leaving your skin luxuriously nourished. The finale is pure bliss: a scalp massage with botanical oils, that stimulates and soothes. Immerse yourself now – where euphoria meets rejuvenation.

*Treatment does not include a massage*

**50 minutes | 275**

#### BRIGHTENING

##### SPARKLING MIMOSA SCRUB

This refreshing body scrub hydrates and brightens dull skin. Micronized Walnut Shells exfoliate, while Mimosa and Bamboo extracts create lasting softness. Sparkling notes of Lemongrass combined with seductive floral aromas of Jasmine and Ylang Ylang stimulate the senses for total relaxation. The scrub is then washed away in a private outdoor shower. The treatment ends with a full body massage using a relaxing lavender oil.

**80 minutes | 300**

**Vichy shower additional - 50**

### Wraps

#### DETOX

##### MEDITERRANEAN SEAWEED WRAP

A dry brush stimulates and prepares skin for a layered nutrient-rich organic, seaweed and marine algae body wrap, delivering superior hydration while detoxifying impurities. The scrub is then washed away in a private outdoor shower. A light massage followed by a blend of restorative essential oils and a finishing treatment of hydrating mists complete the relaxing treatment. Great for lymphatic drainage.

**80 minutes | 300**

**Vichy shower additional - 50**

## Hydrotherapy

**Must be booked in conjunction with a 50-minute treatment.**

#### SOAKING BATH

Relax and replenish the body and mind by taking a 30-minute soak in aromatic essential oils and salts to nourish, soften and hydrate skin while soothing muscle aches and pains.

**30 minutes | 50**

#### Choice of:

##### SEA ESCAPE BATH

Organic Hand harvested sea salt, organic seaweed, rosemary and eucalyptus

#### OR

##### CBD LAVENDER BATH

Dead Sea Salt, CBD, and calming Lavender Essential Oil

#### OR

##### PEACEFUL INDULGENCE PREGNANCY BATH

Pregnancy is a magical time that is shared only by you and your growing belly. Let us provide the perfect peaceful indulgence where you can relax, reflect, and embrace the magnificence of your changing body. We will draw a rose petal-filled bath and add Epsom salt to reduce stress and raise magnesium levels to bring relief from leg cramps, sore muscles, and lower back aches. You will leave feeling nurtured and restored.

**30 minutes | 50**



# SPA RELAIS

## TREATMENT MENU



### For Couples

#### COUPLES SUITE

Our exclusive VIP suites each feature two Italian massage beds, a fireplace, private shower, two person soaking tub, private dining patio plus a dedicated server for your menu orders. Available to enjoy in four or eight hour increments (minimum of two treatments required). Our spa suite is a smoke free environment. No smoking or vaping.

##### **\$1,600 for Half day (4 hours)**

Includes two 50-minute Relais or Winemakers Massages, two person soak tub, charcuterie board, chocolate dipped strawberries and a bottle of Stonehaus wine or champagne. Upgrades and alternative service will be charged accordingly.

##### **\$2,800 for Full day (8 hours)**

Includes two 80-minute Relais or Winemakers Massages, two person soak tub, charcuterie board, chocolate dipped strawberries and a bottle of Stonehaus wine or champagne. Upgrades and alternative service will be charged accordingly.

### Packages

Indulge your senses and elevate your well-being with one of our signature Spa Relais packages. All packages include a complimentary welcome glass of champagne or a mimosa. When booking a Spa Relais package please note that packages are one per guest and cannot be split. Spa packages cannot be combined with any other codes, discounts or hotel promotions.

#### RELAX


##### RELAIS MASSAGE + VINOPERFECT RADIANCE FACIAL

Blissful and relaxing, the stress-relieving Relais Massage uses aromatherapy and Swedish massage to address muscle stress and includes a hand and arm massage to relieve fatigue triggered by everyday computer and cell phone use. Your massage is followed by our luxurious Vinoperfect Radiance Facial, which transforms dry, dull skin using Viniferine.

**100 minutes | 350**

#### RESTORE

##### CRUSHED CABERNET SCRUB + VINE BODY WRAP



Experience the splendor of a day in the vineyard with our wine-infused Crushed Cabernet Scrub followed by the contouring Vine Body Wrap. Our scrub offers deep exfoliation combined with a slimming benefit, leaving your skin looking radiant, perfectly smooth and toned. Your indulgent scrub is followed by a deeply nourishing wrap to pamper the body and recharge the skin. The ritual continues with a full body Swedish massage using natural oils and serums derived from the grapevine.

**100 minutes | 375**

#### REVIVE

##### INVIGORATING SCRUB + DETOXIFYING MUD MASK & CBD MASSAGE

This luxurious wellness treatment begins with a Dead Sea Salt & Lavender Scrub exfoliation leaving the skin silky soft. The scrub is then followed by a mud mask to detoxify and reduce inflammation throughout the body. Next, you will be left feeling invigorated with a tingling cream that moisturizes the skin and soothes aching muscles. Your escape ends with a pampering full body massage. CBD Oil is applied to the entire body leaving you feeling renewed and relaxed.

**100 minutes | 400**

**When booking a Spa Relais package please note that packages are one per guest and cannot be split.**



# SPA RELAIS

## TREATMENT MENU



### WELCOME TO SPA RELAIS

Spa Relais wants to ensure that all of our guests make the most of their experience at our luxurious spa. Our facility is adult only, 18 and over. The following are suggestions and tips on how to make your spa and wellness visit an enjoyable one. The spa will be open Tuesday through Sunday 9:00 AM - 6:00 PM, first appointment at 10:00 AM and last appointment at 4:00 PM. Seasonal hours may apply and hours may change based on occupancy and special events. Please call Spa to confirm. Due to capacity, there is a three-hour limit at the spa pool during each visit.

### SPA ENVIRONMENT

At Spa Relais, we strive to provide you with a relaxing and soothing spa experience from the moment you arrive to the moment you depart. Spa Relais is an adult only environment and the spa, the pool and the fitness center are exclusively for guests ages 18 and over. Spa Relais is a smoke free environment. No smoking or vaping, due to health guidelines we are a pet free facility. No outside food or beverage is permitted in spa, lounge, gym or pool area.

### RESERVATIONS

Reservations can be made by calling the hotel reservations at 818.889.0230 or booking directly on-line. Spa services and prices are subject to change without notice. If you have a preference of gender for your massage therapist, esthetician or if you have any medical conditions, please advise the receptionist when booking your appointments. A credit card is required at the time of booking but will not be charged and is only used to guarantee.

### CANCELLATION AND RESCHEDULING POLICY

Should you need to cancel or reschedule your appointment, please contact Spa reservations 24 hours in advance of the scheduled appointment. Missed appointments with fewer than 12 hours' notice are subject to full charge.

### ARRIVAL

We advise that you arrive 30 minutes prior to your treatment time in order to complete the spa intake form, food and beverage policy, relax and prepare for your Spa Relais experience. Late arrivals will result in a shortened treatment time and you will be charged the full amount of your originally scheduled treatment. Your treatment will end at the scheduled time so that the next guest is not inconvenienced.

### SPA FITNESS CENTER

If you plan to use the fitness facility, please wear appropriate workout attire and shoes. Fitness center hours for spa guests are from 9 AM - 7 PM.

### LOCKER-ROOM AREAS

Locker-room areas and facilities are complimentary to spa guests who have a minimum 50-minute spa service. Please adhere to social distancing guidelines when in the locker-room areas. All spa guests will be given a **pocket-free** robe and slippers during their visit. Locker-room amenities include men's and women's quiet rooms, aromatic showers, Himalayan salt sauna, eucalyptus steam room and arctic plunge shower, co-ed amenities include a relaxation lounge, outdoor pool, cold plunge, jacuzzi, and fitness center.

### CELL PHONES, CAMERAS AND ELECTRONIC DEVICES

To protect the privacy of our guests and to maximize everyone's spa experience, the use of cell phones, cameras and electronic devices are prohibited in the spa. Your cooperation in providing a quiet and exclusive environment is greatly appreciated. Phones are permitted in the fitness center and pool area ONLY; we ask that their use be kept to a minimum as a courtesy to other guests.

**WE STRONGLY DISCOURAGE PHOTOS & VIDEOS IN THE LOCKER ROOM AND LOUNGE AREAS.**





# SPA RELAIS

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## TREATMENT MENU



### PET FREE ENVIRONMENT

Spa Relais is a pet free environment.

### SMOKE FREE ENVIRONMENT

Spa Relais is a smoke free environment. No smoking or vaping.

### PERSONAL BELONGINGS AND VALUABLES

Spa Relais is not responsible for any personal items or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe. Please note that our robes are pocket free, we encourage you to leave all personal items in your locker or at home to prevent loss.

### SERVICE CHARGE

For your convenience, a discretionary **20% percent service charge is added to each spa service**, which is disbursed to the spa staff who serve you during your visit. Adjustments may be made at check out.

### GIFT CARDS

Gift certificates are the perfect choice for any occasion; available in any denomination.

### FOOD AND BEVERAGE

Spa guests are prohibited from bringing in any outside food or beverage to the spa. The courtyard and pool areas offer food and beverage service. If outside food and beverage is brought and or consumed in the spa lounge, gym or pool area, it will be confiscated and you may be asked to leave immediately.

### FREQUENTLY ASKED QUESTIONS:

What if I have physical ailments?

If you have high blood pressure, allergies, heart disease, diabetes, or other chronic conditions, or are pregnant, be sure to inform the reservations desk so that you may be advised about your service selection. In the interest of your health and the health of others, if you have a sore throat, runny nose, fever, chills, or cough please contact Spa reservations 12 hours in advance of your appointment time to reschedule your treatment.

Should I shave before treatments?

It is recommended that men shave at least 2 hours prior to facial appointments. Women should not shave before a body scrub or waxing services. Shaving amenities are provided in the locker rooms.

How long can I safely remain in the sauna and steam room?

It is recommended to stay no more than 15 to 20 minutes in the sauna and steam.

Pregnancy

We will gladly provide massages to **expectant mothers who have passed their first trimester**. If you are early in your pregnancy and in your first trimester, we cannot perform a massage based on medical health guidelines. It's advisable for pregnant women to avoid steam rooms, jacuzzis, saunas, and plunge pools because of the risks of overheating, dehydration and fainting.